



Episode #: 02 **Title:** Meet Sara Ruh, Chief Inspiration Officer of Ruh Global

Guest: Sara Ruh

Guest Title: Chief Inspiration Officer

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Guest Company: Ruh Global Communications

Debra: Hello. This is Debra Ruh and we are talking today about human potential at work. Today, I'm very excited to bring in my co-host, Sara Ruh, and we are going to talk about what we're going to do with this podcast. We're pretty stoked about it.

So Sara, can you say hello to the audience?

Sara: Hello.

Debra: Sara, tell the audience how old you are today.

Sara: I am 28, but I will be 29 pretty soon.

Debra: So 29 means your birthday's coming up pretty soon.

Sara: Yes.

Debra: And we really like to celebrate our birthdays here in the Ruh household, don't we?

Sara: Um-hum.

Debra: How many birthday parties are you going to have this year?

Sara: It's going to be until my third one.

Debra: I'm sorry. It's going to be?

Sara: My three party.

Debra: Your three birthday -- you're going to have three different birthday parties?

Sara: Yeah. That's what I'm saying.

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Debra: Most people don't even have one, but you're going to have three?

Sara: Um-hum.

Debra: So you believe in celebrating life, Sara, don't you?

Sara: I love it.

Debra: Yes. So we're going to have a birthday party at home and we're going to have a little family birthday party.

Sara: Yeah.

Debra: And then your really favorite person, Kim Vanderlaan's also going to do a little party for you too, right?

Sara: Yes.

Debra: Yes. So you're loved, aren't you, Sara?

Sara: Yes.

Debra: Yes.

Sara: And my ex-boyfriend.

Debra: Oh, so you're going to have boyfriends coming, too. That's always fun.

Sara: Just one.

Debra: Oh, just one of the boyfriends. Oh, that -- maybe it makes for less drama, which is good.

So we're going to talk about -- are you excited about starting this podcast program where we get to interview guests to talk about --

Sara: Questions? Yes.

Debra: Yeah. Questions about --

Sara: Yes.

Debra: -- human potential, right?

Sara: Um-hum.

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Debra: Because everybody adds value.

Sara: Um-hum.

Debra: If you think about the friends that you have, and I know that you've been part of a theater group, and some of the other actors that had disabilities, they were so talented, weren't they?

Sara: Yes.

Debra: Remember Ross? He was a great singer.

Sara: Um-hum.

Debra: Remember when we did Aladdin?

Sara: Yes.

Debra: Yeah, that was really fun.

Sara: Um-hum.

Debra: And remember we -- what were some -- I'm trying to think. We did a lot of plays in school and just some of the people with disabilities that were your peers -- very, very talented people.

So let's talk a little bit about work. Where do you work today? You work at Nordstrom's, right?

Sara: Yeah.

Debra: How long have you been at Nordstrom's?

Sara: 10.

Debra: 10 years? Wow! And Nordstrom's is a great place to work, isn't it?

Sara: Yeah.

Debra: The people are very nice. What do you do at Nordstrom's?

Sara: Greeting tables, waiting room people.

Debra: Really? Do you ever get any tips?

Sara: Not -- a lot situation, yeah.

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Debra: Yeah, you do get tips sometimes? That's always fun, isn't it?

Sara: Yeah.

Debra: I know there is this one man that used to come in all the time and give you big tips.

Sara: Yeah.

Debra: That was fun. That's always interesting. How about the work that you do with Ruh Global? When we go around the world, talking about making sure that people with disabilities are included in meaningful ways. Do you like talking to audiences?

Sara: I'm still like them, still.

Debra: You do? I've noticed that when you're talking to audiences, sometimes you're a little bit of a smart aleck or wise guy. Where do you get that good sense of humor from?

Sara: Daddy, my dad.

Debra: Your dad. Your dad's a smarty pie, huh?

Sara: He is.

Debra: Yeah. So your brother's a little bit of a wise guy, too, isn't he?

Sara: Yeah, same is my ex-boyfriend.

Debra: Yeah, you like people with a good sense of humor?

Sara: Um-hum.

Debra: It makes the world sort of a funnier place, right?

Sara: Yes.

Debra: Well, I'm very excited about doing this program and talking to people and learning about the really exciting things that are happening all over the world, to make sure that people with disabilities are being included in the workforce and every other part of society, too.

Are you looking forward to doing this?

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Sara: Yes. Yeah. Yeah.

Debra: Yeah, it's going to be fun, isn't it?

Sara: Um-hum.

Debra: All right. Well, let's say goodbye to everybody today, and we look forward to talking to everybody in the future and hearing more about how Sara's birthday parties went and her boyfriend and --

Sara: Ex --

Debra: Ex-boyfriend. I'm sorry. Her ex-boyfriend, so she's available. So I hope everybody has a great day and, Sara, you want to say goodbye?

Sara: Always.

Debra: Bye.

Sara: And same as Kim.

Debra: Yep. Saying goodbye to Kim and to everybody else that's listening.

Sara: And everybody.

Debra: Bye.

Sara: Bye.